

TERMS & CONDITIONS

Mejomi Moves App / Mejomi Yoga

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By accessing or using the **Mejomi Moves App**, website, online classes, or any content provided by **Mejomi Yoga**, you agree to the following Terms & Conditions. If you do not agree, please do not use this service.

1. General Information

Mejomi Moves is an online yoga and movement platform offering pre-recorded and live classes, programs, tutorials, and educational content.

All content is provided by **Mejomi Yoga** for personal use only.

2. Health & Medical Disclaimer

The content provided through Mejomi Moves is for **educational and informational purposes only** and is **not intended as medical advice**.

It is not a substitute for professional medical diagnosis, treatment, or advice. You should always consult a qualified healthcare professional before beginning any exercise or wellness program, especially if you are pregnant, injured, recovering from surgery, or have any medical condition.

You confirm that you are physically able to participate in yoga and movement practices and that you take full responsibility for your health and wellbeing.

3. Assumption of Risk

Yoga, fitness, and physical movement involve inherent risks, including but not limited to muscle strain, joint injury, dizziness, or other physical discomfort.

By participating in any Mejomi Moves content, you acknowledge that you **voluntarily assume all risks**, known and unknown, associated with physical activity.

4. Limitation of Liability

To the fullest extent permitted by law, **Mejomi Yoga, Mejomi Moves, its owner, instructors, employees, and affiliates shall not be held liable** for any injury, accident, loss, damage, or physical or emotional harm resulting from your participation in any content provided through this platform.

You agree that you practice entirely **at your own risk**.

No guarantees are made regarding physical results, flexibility, strength, healing, mental health improvements, or personal outcomes.

5. Online & Digital Content Disclaimer

Mejomi Moves is an online platform. Instructors cannot see, correct, or guide users individually in real time unless explicitly stated.

You are responsible for:

- Practicing in a safe environment
- Ensuring adequate space, flooring, and surroundings
- Choosing appropriate modifications
- Using props safely
- Stopping immediately if pain or discomfort occurs

Listening to your body is essential.

6. User Responsibility

You agree to:

- Respect your body's limits
 - Modify or rest whenever needed
 - Stop practicing if you feel pain, dizziness, nausea, or discomfort
 - Seek professional guidance if unsure about any movement
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7. Intellectual Property

All content provided through Mejomi Moves, including but not limited to videos, programs, images, text, audio, branding, and logos, is the **intellectual property of Mejomi Yoga**.

You may not copy, download, reproduce, distribute, share, sell, or modify any content for commercial or public use without written permission.

Content is for **personal, non-commercial use only**.

8. Age Requirement

You must be **18 years or older** to use this platform.
If you are under 18, parental or legal guardian consent is required.

9. Payments & Access

Access to paid content is granted upon successful payment.
Refunds, cancellations, and subscriptions are subject to the policies stated at the point of purchase.

10. Governing Law

These Terms & Conditions shall be governed and interpreted in accordance with the applicable laws of the jurisdiction determined by Mejomi Yoga.

11. Acceptance of Terms

By using the Mejomi Moves App, you confirm that:

- You have read and understood these Terms & Conditions
- You agree to all disclaimers and liability limitations
- You accept full responsibility for your participation